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KINSALE PEACE PROJECT

FERGUS FINLAY

(Chief Executive, Barnardos)

will visit Kinsale to speak about his work.

Thursday 1st October 2015 Date:

8pm Time:

Venue: The Friary Centre, Kinsale



Fergus Finlay is Chief Executive of Barnardos, Ireland's largest children's charity. Prior to that he was a Senior Adviser to the Labour Party, serving in three Governments and working for the Party in opposion. He was one of the drafters of the Downing Street Declaration.

He is the author of four best-selling books and has founded a number of organisations that campaign for the rights of people with disabilities, and was Chairperson of Special Olympics Ireland. He broadcasts regularly on radio and television, & contributes a weekly column to the Irish Examiner.

ADMISSION FREE - ALL ARE WELCOME

The aim of the Kinsale Peace Project is to promote peace and justice at home and overseas and to encourage Human Rights Speakers to come to Kinsale and speak about their peace-building work in conflict areas of our world.

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www.kinsalepeaceproject.com



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Thursday 1st October

**Autumn Flavours Music Might with Dan Twomey & Colette Daly



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OPENING TIMES

MON: From 10am. TUES - FRI: 9am-6pm. SAT: 8.30am-5pm. CALL FOR APPOINTMENT: 021 477 2526

POSITIVE AGEING WEEK 2015 30th September - 10th October



Wed 30th Sept	: 11am	K-CoRD Cafe Launch of Positive Ageing Week - Carmelite Friary
	6pm - 8pm	Kinsale Chamber of Tourism Autumn Networking Event
		With a presentation by Age Friendly Ireland on Kinsale as an Age Friendly Town
		Aperitif at The Blue Haven Contact: jdawson@eircom.net
Thu 1st Oct	11am	Vision Event featuring the work of Shane Johnson Boathouse Gallery
	2	Refreshments served. Contact: Aileen at 087-1935842 (Booking essential)
	2pm	Launch of Kinsale as an Age Friendly Town Initiative
	•	by Mayor of County Cork - Blue Haven Refreshments served
	8pm	Storytelling with Cabrini: Fantastic journey into another world.
		Lord Kingsale Has just been performed at Electric Picnic!
Fri 2nd Oct	10:30am	Kinsale Heritage Walking Tour With Dermot Ryan
		Kinsale Tourist Office Followed by refreshments at The Pantry
Sat 3rd Oct	11am - 5pm	Lusitania Exhibition by students from Kinsale Community School Methodist Church
	11am	
	Halli	Display and information on Kinsale Age Friendly Town Initiative Kinsale Library
	11:45am	Illustrated talk on the Lusitania by Dermot Ryan - Methodist Church
Sun 4th Oct	2:30pm	Oliver Lynch Memorial Afternoon Tea Dance
Juli 4til Oct	2.50pm	with music by the Owenabue Traditional Band
		Hosted by Acton's Hotel
		Tickets €5 from Kinsale Tourist Office, Salvi's or Fintan Lynch or at the door.
Mon 5th Oct	10:30am	Aquacise Class with Alanna
		Acton's Leisure Centre Contact Deirdre at 087-7991041
	4:30pm	Primary School Art Competition Prizegiving
		(Theme: When My Grandparents were my age)
		Kinsale Tourist Office Sponsored by Haven Bay Care Centre
Tue 6th Oct	10am	Intergenerational Mass with the students of Kinsale
		Community School - Carmelite Friary
		Followed by a cuppa and chat at The Friary Centre
	2:30pm	Kinsale Active Retirement Association Musical Afternoon
		Temperance Hall
Wed 7th Oct	10:45am	Cookery Demonstration by the Culinary Students from
		Kinsale Further Education Centre - Haven Bay Care Centre
	2:30pm - 4pm	Monster Bingo - Kinsale Day Care Centre
Thu 8th Oct	11am	Pamper Morning - Haven Bay Care Centre
		Kinsale Further Education Caring for the Elderly Students
	8pm	Poetry Evening - Kinsale Bookshop
Eui Oth Oct	1.4Enm	Bring along your favourite poems - Wine reception
Fri 9th Oct	1:45pm	Comic Television Moments - Kinsale Community School Light refreshments served - Presented by Leaving Cert Applied Students
Sat 10th Oct	11am	Visit to Charles Fort with a guided talk Refreshments served
Jac Total Oct		Limerick Competition, Readings & Prizegiving - Kinsale Bookstór
	3pm	Limetick Competition, headings & Frizegiving - Amsule bookstor

UP AND COMING EVENT, NOT TO BE MISSED!

8th Nov: TO THE MANOR BORN: A sumptuous afternoon featuring Dan Twomey & Majella Cullagh in Ballinacurra House. Includes sparkling wine reception and refreshments and bus to Ballinacurra.

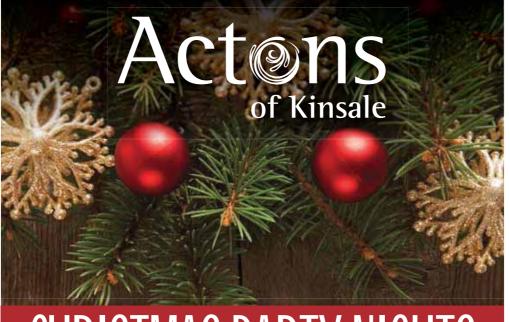
Tickets €10 from the Boathouse Gallery from Oct 19th. Supported by Kinsale Lions, Haven Bay Care Centre and Ballinacurra.

For further info: Deirdre Mullins 087 7991041









CHRISTMAS PARTY NIGHTS

SATURDAY 12TH OR SATURDAY 19TH DECEMBER 2015

You will be greeted with a cinnamon & orange hot apple cider reception in Sidney's Bar



From here you will be escorted to the Kinsale Suite.

Enjoy a delicious meal prepared by our Executive Head Chef.

After the meal, sit down to a night of fun with Kinsale's very own "Cadillac Cats" (12th December) or the sensational band "The Roaring Forties" (December 19th), with a late bar & DJ to follow until 2am.

For enquiries contact Sarah Pearson 021 4779900 or spearson@actonshotelkinsale.







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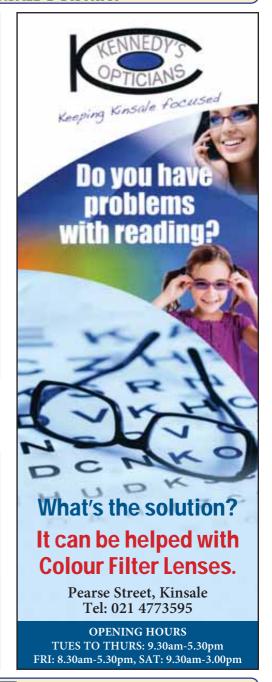
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NEWCASTLE v CHELSEA 5.30PM

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SUNDAY 27th SEPT, 4.45pm IRELAND V ROMANIA



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LAST MAN STANDING COMPETITION



Friday 25th Sept Full Shilling LATE BAR - FREE ENTRY

Saturday 26th Sept No Strings Attached 11pm - 1am

LATE BAR - Adm €5 after 12 midnight.

Sunday 27th Sept Night Shift 10.30pm - 12.30am

LATE BAR - FREE ENTRY - Followed by DJ Zero

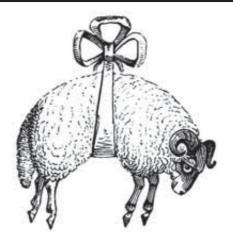
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On Wednesday 7th October Debbie Bliss will hold one morning and one afternoon session in store to meet local knitters, sign your books and teach you all a lesson or two....

A huge range of DB designs will be available to try on! A 10% discount will be available for all purchases on the day (except hand-knits).

This is a ticket only event with very limited numbers. Tickets €15.00 each with proceeds going to Kinsale Youth Support Services.

Tickets can be purchased at Vivi Trading Co, 16 Main Street, Kinsale

Ph: 021 470 0000 Facebook.com/vivitradingco





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FRIDAY 9th OCT Cork Heat of the All Ireland **Chowder Cook Off** at Actons Hotel, 3pm

Sponsored by Clona Clona



Come along and sample chowders from Cork City and County's top restaurants and vote for who you feel should represent the County at the 6th All Ireland Chowder Cook Off 2016.

> Competitors confirmed so far: Cornstore Restaurant, Cork City **Budds** of Ballydehob The Rising Tide, Glounthaune The Fish Bar at Electric, Cork City Bastion, Kinsale The Pink Elephant, Kilbrittain The White Horse, Ballincollig Richy's Restaurant, Clonakilty Poachers Inn. Bandon Pier 26 Restaurant, Ballycotton Celtic Ross Hotel, Rosscarbery Quinlans Seafood Bar, Cork City 9 Market St, Kinsale The Speckled Door, Ballinspittle

FRIDAY 9th OCT **Festival Opening** & Taste of West Cork Dinner

Sponsored by Laurent Perrier



Opening Reception sponsored by Laurent Perrier with canapés from the Good Food Circle. Guest speakers Minister Simon Coveney and US Ambassador to Ireland Kevin O'Malley. This is followed by a 5 course 'Taste of West Cork' dinner in a member restaurant of your choice.

> SATURDAY 10th OCT The "Infamous"

Mad Hatters Taste of Kinsale

Sponsored by Musgrave Marketplace

SUNDAY 11th OCT Fruits de Mer Luncheon



Sponsored by Pallas and Bewleys Backeys



Join us for a superb 4 course seafood platter luncheon including lobster, crab, prawns, etc. accompanied by delicious wines.

MC Daithi O'Sé will entertain the guests and keep the banter flowing. There will be dancing to live music from Lady and the Tramps plus the all-important Charity Auction!

Rugby fans can watch the France vs Ireland World Cup Match.

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www.WaltonCourt.com

www.OysterhavenBay.com









The first annual Kinsale Lions Walking Festival offers walks for all ages and abilities in and around historical Kinsale. Created by Kinsale Lions Club to provide a festival for all the community whilst raising funds for Marymount Hospice who are our principal partner charity for this event.

Kinsale Lions Club is a regulated charity and is 100% voluntary.

Events at a glance...

DAY	EVENT	DISTANCE	TIME
Oct 17th	The 1601 Battle Walk	15km	11.00am
Oct 17th	Festival Social at Trident Hotel With music by King K	-	7.30pm
Oct 18th	Kinsale Coastal Walk	16km	11.00am
Oct 18th	Family Fun Walk	8km	12.30pm

^{*}All walks commence from Kinsale Community School

To help with planning please pre-register online at www.kinsalelionsonline.com but you may also register in person at The Boathouse Gallery, Main St., Kinsale, or on the day at the Community School.

Registration Fee:

Both days - €25 total / Single day - €20

All walks will be fully marshalled.

All walkers will be divided into groups by ability and supervised by two experienced walking group leaders.

All walkers must read and comply with the safety instructions and information. Your safety is our paramount concern.

Walk Check-In Times:

Please pre-register online at www.kinsalelionsonline.com but for safety compliance you must check in pre-walk at Kinsale Community School and check out with your team leader at the end of your walk.

Saturday 17th October:

The 1601 Battle Walk: 9.30am - 10.45am.

Sunday 18th October:

Kinsale Coastal Walk: 9.30am - 10.45am. Family Fun Walk: 11.30am - 12.15pm.

Check-In Location:

Kinsale Community School (51.70428, 8.52949)

Buy Social Night tickets online or at The Boathouse Gallery, Main St., Kinsale.

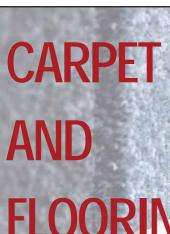
Details at www.kinsalelionswalkingfestival.com











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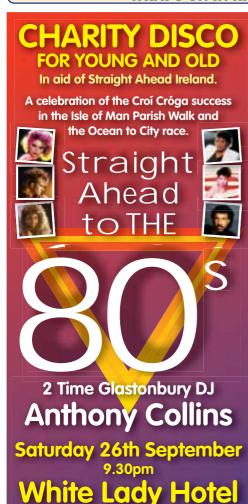
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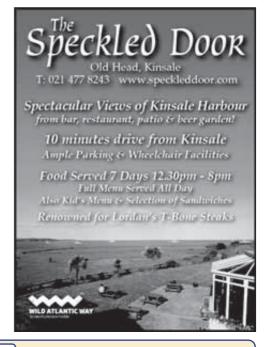
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Prince Clinic - Frankfield, Gala Shop - Ballygarvan,
Cotterells Shop - Ballinhassig, The White Lady - Kinsale

Kinsale

Bus Tickets €8

Pick up from City Hall, with a pick up in Ballygarvan on the way. Leaving town at 8pm.

Fancy Dress is completely optional but having fun with the 80s Music is a must!











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Friday 25th September, 10pm

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Saturday 26th September, 10pm

FOR FOLK SAKE

Sunday 27th September, 6pm **SKELLIG**

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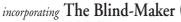








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- Welcome to new Members
- · Short presentation by Age Friendly Ireland and K-Cord
- · Open discussion on Marketing Plans for next 6 months
- Networking Opportunities

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Kinsale has again been shortlisted as a finalist in the Foodie Towns 2015 Awards.

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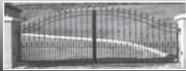


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KITTY COVE **BOARDING CATTERY**

I.B.K.C.A. APPROVED MEMBER "Ensuring quality animal care" Roberts Cove, Minane Bridge Tel. Lillian: 087 2188291

Belgooly Boarding Kennels & Cattery

Kennels open all year. Spacious individual kennels. Long country walks twice a day.

T: 021 477 0796 - 086 066 9015



FORT ARTHUR BOARDING KENN KINSALE Prop: Avril Copithorn REASONABLE

Personal Attention Open All Year

RATES

Tel: 021 477 8002 or 085 7

Individually Heated Kennels • Large outdoor exercise area **BELGOOLY**

Tel: 477 0919 - 086 392 3447 - 086 155 1541 DAY CARE CRÈCHE AVAILABLE Don't forget to have your pet's vaccinations up to date! ... see your vet!





www.twitter.com/kinsalenews





HEALTH, HAIR BEAUTY

CLEAN 9 by Forever

A 9-day nutritional cleansing programme by the world leaders in Aloe Vera based health and beauty products. This easy to follow 9-day programme will put you on the right path to weight management whilst cleansing your body from the inside out.

10% discount on all "C9" packs purchased using this code: FOREVERUC9.

Discount available to the end of September 2015 Contact Trish on 087 9475367 to order yours today.

Terms & Conditions Apply





ACUPUNCTURE CHINESE HERBAL MEDICINE TUI-NA MEDICAL MASSAGE

Now available at The Kinsale Health & Well-being Centre on Fridays Mob: 086 1273148



Whilst every care and attention is given to all advertisements published, we cannot take responsibility for the content or validity of these advertisements. If an advert has been proofed & cleared for publication by the advertiser, we cannot take responsibility for any errors.

www.playtherapycork.com

BEL AMI HAIR STUDIO

Pearse Street, Kinsale

Rachel O'Brien

formerly of Toni+Guy, Kaizen, Origin & Kinsale. with Stylist Michelle Connolly



For appointments contact: 021 477 7337



Caroline Crotty B.Soc.Sc. M.A. Counselling & Psychotherapy

Individual Therapy For Teenagers & Adults At 27 Douglas West, Douglas & Bantry

To Discuss How Therapy May Benefit You Tel: 087 710 7032 Email: counsellingtherapy@live.ie



AFFORDABLE AND EFFECTIVE

- Personalised wellness programmesWeight management solutions
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WHAT'S ON IN KINSALE & DISTRICT

Aoife's Hair Creations

LADIES & GENTS HAIRDRESSING The Glen, Kinsale



COLOUR & CUTS FROM €50

Phone 021 4772030

Open Tuesday to Saturday 9am to 5.30pm Early/Late by appointment FREE PARKING AVAILABLE BEHIND SALON



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Tel: +353 (21) 477 3900 Email: fintanlynch@yahoo.com

CHILDCARE





Montessori, Siolta & Aistear Based curriculum. Promoting Fitness in children. Babies - 5 yrs. PLEASE CALL JANICE O'CONNELL **086 277 0943**

or email janiceoco@gmail.com

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Baby & Toddler Group

Temperance Hall, Kinsale

Tuesday 29th September (Next date: 13th Oct)

10am to 12noon

Meet, chat & have a cuppa with other Parents while you watch your child play & interact.

Make friends for life.





PARENT & TODDLER GROUP

St. Multose Hall **Thursdays** 10am-12pm in Term Time €3 per family

A great way to make friends for parents and children.

Babies to school age welcome.

Activities include music time, running time, snack time, end of term parties and occasional outings. We have lots of toys and books for babies and toddlers.





SPACES AVAILABLE

12.30pm - 3.30pm

Get your child out for fun and activities with other children in our fabulous indoor and outdoor play areas.

Contact Nuala @ 087 763 7266

or KinsaleCommunityPlayschool@gmail.com



SITUATIONS VACANT

Part time staff wanted for Short Quay Café in Kinsale

Would suit school hours. Must have basic food prep experience plus ability to work occasional weekends.

Call Mary on 087 337 3544 or drop CV to café or via email to maryocallaghan14@gmail.com

PART TIME CHEF

required for

OLD BANK TOWN HOUSE KINSALE

Breakfast and lunch shifts available.

Please email your CV to kitchen@bluehavenkinsale.com

FULL TIME COMMIS CHEF REQUIRED

for busy café in Kinsale town. Daytime hours.

Email: cvkinsale@gmail.com

WANTED: PART TIME GARDENER

Hours to suit, lawns, hedges, planting, weeding, removal of garden debris, etc.

Call 086 0246888

PROPERTY



TO RENT: LANZAROTE
Beautiful one bedroom apartment with sea views in Matagorda, Lanzarote. Small quiet complex with heated swimming pool. Close to all local amenities. 5 minutes walk to beach. 10 minutes from airport.

087-2355 258 or 087-986 3302

CONSULTATION THERAPY ROOM **FOR RENT IN KINSALE**

Call Deirdre: 087 2252 383

ROOM FOR RENT

IN KINSALE

Call: 086 042 4763

NOTICES



MATHS GRINDS

ALL LEVELS CALL 087 444 4436

MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. P.

WHAT'S ON IN KINSALE & DISTRICT

KINSALE LIBRARY

Visit your local library at Short Quay.
REGISTRATION FEE:

€2.50 adults, 50c children, Seniors free Free internet access for members Daily and weekly newspapers

Open 2pm - 6pm Tuesday to Friday Saturday 11am - 1pm and 2pm - 6pm Closed Monday Everybody Welcome

FOR SALE

AARROW ACORN 4 STOVE 4kW MULTIFUEL €250

Small but perfectly formed, designed for cosy living rooms, houseboats and secondary heating requirements. Burns wood & solid fuel.

TRIPP TR 5kW MULTIFUEL FREE-STANDING STOVE €350

Ideal for burning wood, coal or peat. One of the cleanest burning, most efficient stoves yet.

CALL 087 2652697

THANK YOU SO MUCH

To the 2 ladies and gentleman who stopped on their journeys at Gully Bridge and came to the aid of an elderly gentleman. Thank you for staying with him until the ambulance came. He is well and fit again.

MIRACULOUS PRAYER

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time lask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail.

Handbag Sale

MARGARET O' DWYER TRUST FUND

Huntsman Bar & Restaurant, Belgooly Saturday 3rd October, 11am to 2pm

RAFFLE FOR DESIGNER HANDBAG and much more

BAG DONATIONS VERY WELCOME

Weight Watchers*

because it works

Changing lives in Ireland for 50 years

TRIDENT HOTEL, KINSALE EVERY WEDNESDAY 10.30am & 7.00pm

Call Colette on 087 9480261 Your local leader for 20 years

More info: weightwatchers.ie or call 1850 234123 / (01) 8703900



LINGS FOR SOLIDARITY IRELAND KINSALE COLLECTIONS



Do you live in Kinsale or surrounding areas?
Do you have a sling you no longer need from your baby wearing days?

If so, please donate it to refugee families who are on the move fleeing violence & persecution. Donations going to organisations already working on the ground in Greece & Hungary.

KINSALE DROP OFF POINTS:

Vincent's Charity Shop, 13 Market Lane, Kinsale Monday - Saturday, 10am - 5pm: After 5pm: Call Toni Keating (085-7278600) or Aoife Collins (087-2199422)

www.facebook.com/slingsforsolidarityIreland
Fundraising Page (for transport costs): www.gofundme.com/tu362eqw



Foróige Youth Club would like to invite Parents and Teens to attend an

INFORMATION NIGHT

Temperance Hall Monday 28th Sept, 6pm-7pm All welcome For more info: 085 167 8878



www.facebook.com/KinsaleNews





DERMOT RYAN'S HERITAGE TOWN WALKS



"Kinsale's Top Independent Attraction" TripAdvisor

"Best Guide in Ireland"

Irish Independent

"Best Value €5 in Ireland" Sunday Times



10.30am Daily

(or by appointment) from the Tourist Office.

Adults: €5 Children: Free For group rates, please phone

086 826 7656

DON & BARRY'S HISTORIC STROLL

FROM TOURIST OFFICE @ 11.15am DAILY - 7 DAYS

& Early Bird @ 9.15am, Mon - Sat.

Please note that our 9.15am tours end from October 1st.

●●●● 595 Reviews

tripadvisor.ie

"Excellent... Kinsale's single best attraction... A joy... Be sure to take it" Rick Steves

www.HistoricStrollKinsale.com Tel: 087 2500731 Adults €7/Children €1 -CELEBRATING OUR 23RD SEASON-

KINSALE BAPTIST CHURCH Sundays 11am Temperance Hall All welcome

www.kinsaleabc.ie



Are you concerned about the well-being of any young person? FOR FREE & CONFIDENTIAL ADVICE & SUPPORT

ADVICE & SUPPORT CONTACT TOM ON 085 872 5789

MATHS GRINDS

023 8849523
KILBRITTAIN AREA
20 years experience
Junior Cert, Leaving
Cert & 3rd Level.

includes Project Maths.

Kinsale Yoga Centre

Flexibility Tone Wellbeing

Visitors & "Drop In" welcome!

68 Lower O'Connell St. (next to the Black Pig) Queries: 087 6166109 www.kinsaleyogacentre.com

WHAT'S ON IN KINSALE FRI 25th SEPT - THURS 15t OCT 2015

FRI 25th SEPT

BACCHUS NIGHTCLUB: DJ Sean, 11.30pm. BLUE HAVEN: Highway Special, 10pm. CRACKPOTS: Piano Bar with Billy

Crosbie.

DERMOT RYAN'S HERITAGE TOWN WALKS: 10.30am, from the

Tourist Office. **DON & BARRY'S** HISTORIC STROLL:

Tourist Office 9.15am, 11.15am,

FOLKHOUSE: GDR. 10.30pm. HAMLETS:

James Or. 9pm. HARBOUR CRUISE:

2pm & 3pm. MOORINGS:

Full Shilling SAM'S BAR:

Fiona Kennedy. SILENT BANJO: Frank Morris Band.

10.30pm SPANIARD:

Jug A Punch, 10pm. WHITE HOUSE: Rambling Siulers, 10pm.

SAT 26th SEPT

ARMADA: Sean Treacy **BACCHUS NIGHTCLUB:** DJ Sean, 11.30pm. BLUE HAVEN: Cadillac Cats. 10pm. **DERMOT RYAN'S** HERITAGE TOWN WALKS: 10.30am. Tourist Office. **DON & BARRY'S** HISTORIC STROLL: Tourist Office 9.15am, 11.15am. FOLKHOUSE: I-Funk, 10pm. HAMLETS: DJ Niall, 9pm. HARBOUR CRUISE: 2pm & 3pm.

MOORINGS: No Strings Attached. 11pm-1am. SAM'S BAR:

Jawbone. SILENT BANJO:

Celtic Knights, 10.30pm

SPANIARD:

For Folk Sake, 10pm. WHARF TAVERN AT THE TRIDENT HOTEL: Tim O'Riordan WHITE HOUSE: Blue Steel 10.30pm.

WHITE LADY NIGHTCLUB: Charity Disco in aid of Straight Ahead Ireland. 9.30pm. Tickets €10.

SUN 27th SEPT

ARMADA: Jamestown. BLUE HAVEN: Barry Tierney, 9pm. BULMAN BAR:

Summercove Cooks for Ciara, 2pm-5pm.

DERMOT RYAN'S HERITAGE TOWN WALKS: 10.30am, Tourist Office. DON & BARRY'S HISTORIC STROLL:

Tourist Office 11.15am. FOLKHOUSE: King K, 9pm. HAMLETS:

James Or. 7pm. HARBOUR CRUISE: 2pm & 3pm.

KINSALE BAPTIST CHURCH: 11am, Temperance Hall. MOORINGS:

Night Shift. 10.30pm - 12.30am. SAM'S BAR:

Americhanics SILENT BANJO:

Max 2, 8.30pm.

SPANIARD: Skellig, 6pm. TRANSITION TOWN KINSALE 10TH BIRTHDAY **CELEBRATIONS:**

At Community Orchard, Saile, 2pm-5pm.

MON 28th SEPT

ARMADA: Allsorts. BLUE HAVEN: Arundo and Irish Dancers, 9.15pm. **DALTONS BAR: Trad. DERMOT RYAN'S** HERITAGE TOWN WALKS: 10.30am, Tourist Office. DON & BARRY'S HISTORIC STROLL: Tourist Office 9.15am, 11.15am.

FORÓIGE INFORMATION NIGHT:

Temperance Hall, 6pm-7pm. HARBOUR CRUISE:

2pm & 3pm. KINSALE COMMUNITY

SCHOOL:

Night Classes commence. KINSALE VOICES: Hamlets VIP Room.

7.30pm-9.30pm. SAM'S BAR:

Murphy's Open Mic. WHITE HOUSE:

Irish Draught, 9pm.

TUES 29th SEPT

ARMADA: The Ferrymen. **BABY & TODDLER GROUP:** Temperance Hall. 10am-12 noon. **BLUE HAVEN:** Sonny & Friends, 9.15pm. **DALTONS BAR: Trad.** DERMOT RYAN'S HERITAGE TOWN WALKS: 10.30am, Tourist Office. DON & BARRY'S HISTORIC STROLL: Tourist Office. 9.15am, 11.15am. HARBOUR CRUISE: 2pm & 3pm.

KINSALE BRIDGE CLUB: Trident Hotel, 7.30pm. Visitors welcome. KINSALE FOODIE TOWNS:

Judges visit in the morning. WEIGHTWATCHERS: Men Only Class, SMA Centre, Wilton at 8pm. WHITE HOUSE:

Two of a Kind, 9pm.

WED 30th SEPT ARMADA:

Kinsale Sessions. BLUE HAVEN: Niall McCabe, 9.15pm. **DERMOT RYAN'S** HERITAGE TOWN WALKS: 10.30am, Tourist Office. DON & BARRY'S HISTORIC STROLL: Tourist Office. 9.15am, 11.15am, FOLKHOUSE: Big Swinging Mikeys, 9.30pm.

HARBOUR CRUISE:

2pm & 3pm. KINSALE CHAMBER OF TOURISM & BUSINESS:

Members' Autumn Networking Evening, 6pm-8pm, Aperitif.

KINSALE COMMUNITY SCHOOL:

Night Classes commence. POSITIVE AGEING WEEK: See list of events on page 6.

WEIGHTWATCHERS:

Trident Hotel. 10.30am & 7pm. WHITE HOUSE:

Two of a Kind, 9pm.

THUR 1st OCT **BACCHUS NIGHTCLUB:**

DJ Mark, 11.30pm. BLUE HAVEN:

Arundo and Irish Dancers, 9.15pm.

CRACKPOTS: Autumn Flavours with Dan

Twomey & Colette Daly. CHRISTIANITY EXPLORED:

6 week starting today, 7.45pm-8.45pm. Temperance Hall. **DALTONS BAR: Trad.**

DERMOT RYAN'S HERITAGE TOWN WALKS: 10.30am, Tourist Office.

DON & BARRY'S HISTORIC STROLL: Tourist Office, 11.15am.

FOLKHOUSE: The SGs, 9.30pm.

HARBOUR CRUISE: 2pm & 3pm. KINSALE PARENT &

TODDLER GROUP: St. Multose Hall.

10am-12pm. KINSALE COMMUNITY SCHOOL:

Night Classes commence. KINSALE PEACE PROJECT:

Talk by Fergus Finlay, Friary Centre, 8pm. WHITE HOUSE:

Rambling Siulers, 9pm.



